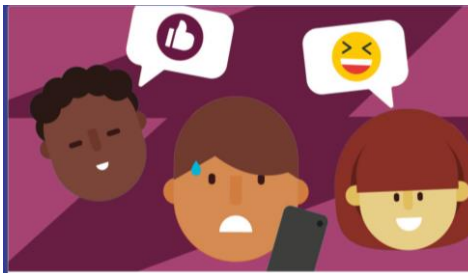
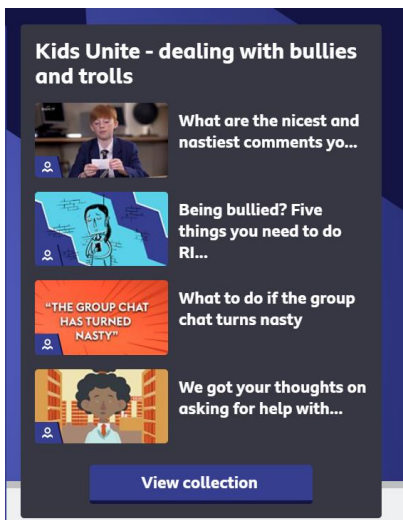


Online Safety Newsletter- September 2022



How do you help your friends against bullying?



<https://www.bbc.com/ownit/the-basics/staying-safe-online?collection=staying-safe-online>

Encourage your child to visit the BBC Own It site to learn important information and engage in quizzes to learn about online safety.

Search Engines

Parent Zone have published this article explaining what you need to know about safer searching and what you should consider.

Read the article here:

<https://parentzone.org.uk/article/search-engines-what-you-need-to-know>

We live in a world where we are connected to devices 24/7, so it is now more important than ever to understand how to keep safe online. Learn about cyberbullying and what to do if your child or engages in it.



What is cyberbullying?

Cyberbullying is using technology to abuse, harass or humiliate someone over the internet and could include using a mobile phone, sending messages over social media or sharing images. As cyberbullying can follow a young person beyond the school gates, into their home, even their bedroom, it can be hard to escape.

How to handle it

As a parent, it can be upsetting if your child tells you they're being bullied online, but try not to rush in. You're right to believe and listen to them, but whilst you're praising them for doing the right thing and speaking to you, try to remain calm and focussed.

Get the facts!

Get all the facts first! Don't take over the problem. The chances are your child has been worrying about this for some time and possibly been reluctant to speak out. Their biggest fear may be that if they speak out the problem will get ten times worse. Don't let them feel that way.

Report it

Bullying online is not okay! Report it! Every website, mobile phone company, games console or platform has a way of reporting abuse.

Encourage your child not to retaliate. Getting a reaction is exactly what the cyberbullies want. The bullies are in the wrong and, while it's hard, the last thing you want is for your child to get drawn into bullying behaviour. Instead, get them to take the power back by blocking the bullies. This should stop further abuse/unwanted contact.

Seek advice and support

Saving any evidence is always strongly advised, as keeping a record of any bullying is vital. If the bullying is very serious, including threatening behaviour, the police may need to become involved.

Sit down together and review your child's friend list. Are they really friends? If the cyberbullying is between school friends, we are always here at school to help.

It can be as upsetting for you as a parent or carer as it is for your child when they realise the consequences of their actions. Don't be afraid to use your support network – think about friends, family and our staff at Beever Primary School that you could be speak to. The chances are others will have gone through similar situations.

<https://www.internetmatters.org/issues/cyberbullying/>
(visit here for further help/advice)