

Beever Primary School PSHE Curriculum 2020-21

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
LOWER SCHOOL						
Year 1	1. Who is my family? 2. Who are my important people? 3. What makes a person?	4. What makes me happy? 5. What does sad feel like? 6. Why do we have rules?	7. Is it kind or unkind? 8. Is teasing ever ok? 9. What should I do if I don't like it? 10. What does worry feel like?	11. How do I keep safe? 12. What should I do in an emergency?	13. When should I wash my hands? 14. Why are teeth important? 15. What should I do with money?	16. What did I need as a baby? 17. How can I be more grown up? 18. Do I have to be the best?
Year 2	1. Why should I exercise? 2. What if I don't like vegetables? 3. Are medicines always good? 4. Can I stop myself from getting ill?	5. What does angry feel like? 6. How do I make you feel? 7. Is it right or wrong? 8. How can I compromise?	9. What are rights and responsibilities? 10. How do I contribute? 11. How can I save our planet? 12. Where could my money come from?	13. Do I know my body? 14. What does private really mean?	15. Who can I trust? 16. Should I keep a secret?	17. Am I safe online 18. What should I aim for?
MIDDLE SCHOOL						
Year 3	1. What can affect my health? 2. What is a balanced lifestyle? 3. What is health and safety? 4. How does smoking damage my health?	5. Who can help me be safe? 6. What is restorative justice? 7. What are my rights and responsibilities? 8. What happens if I break a rule?	9. Why should I tell the truth? 10. What does honesty look like?	11. What do I do when my friend is sad? 12. Who do my actions affect? 13. What are my relationship rights and responsibilities? 14. How do I raise my concerns?	15. What is a community? 16. How can we be different?	17. Who else lives in my region? 18. Who else lives in the UK?

<p>Year 4</p>	<p>1. What's that feeling I have? 2. What do I do when my friend is cross? 3. How do I compromise?</p>	<p>4. How do I do emergency first aid? 5. Am I at risk? 6. How do I stay safe online? 7. Am I safe on my mobile phone?</p>	<p>8. What can I do about negative thoughts? 9. Should I own up? 10. Is it ok to hug?</p>	<p>11. What is aspiration? 12. What is enterprise?</p>	<p>13. What worries me in the world? 13. What is discrimination? 15. What does it mean to be antisocial?</p>	<p>16. How do I support my community? 17. What's a volunteer? 18. Can I volunteer to help others?</p>
<p>UPPER SCHOOL</p>						
<p>Year 5</p>	<p>1. Can I set goals for me? 2. How does alcohol damage my health? 3. Can my mind get ill?</p>	<p>4. How do I make a choice? 5. Should my heart rule my head? 6. Why is change so scary?</p>	<p>7. What is peer pressure? 8. What if I'm uncomfortable? 9. What is loss?</p>	<p>10. Is my relationship unhealthy? 11. What's relationship commitment?</p>	<p>12. What is a stereotype? 13. What is prejudice? 14. How do I challenge someone's views?</p>	<p>15. What is debt? 16. Who pays tax and what does it do? 17. Who chooses who runs our country? 18. Can I save money and the environment?</p>
<p>Year 6</p>	<p>1. How should I manage my money? 2. How do drugs damage my health? 3. What affects my mental health? 4. Will sad things happen to me? 5. How do I break a habit?</p>		<p>6. Should I give in to peer pressure? 7. Should I send/post something I'm not comfortable with? 8. What if I get dared?</p>	<p>9. If it happens all the time, does it mean it's right? 10. What is puberty? 11. How do humans reproduce?</p>	<p>12. How do we look after ourselves? 13. Are images in the media real? 14. Should I trust the media?</p>	<p>15. Should I join in an argument? 16. Am I a cyberbully? 17. Have I trolled someone? 18. What sort of person shall I be?</p>