

Let's Talk Together Parents' Course run by the B.I.R.D Charity.

We are planning to run a 'Let's Talk Together' parents' course in September, 2021 for parents /carers of children who have social communication difficulties (which may include a diagnosis of autism). It will be run by an experienced speech & language therapist for 7 sessions (each one is 2 hours long). It is likely to be run online.

The course is aimed at the parents of children who are using spoken language to communicate but have difficulties in some of the following areas:

- Listening and paying attention during conversations.
- Being able to 'read' people's facial expressions and body language in order to understand how they are feeling.
- Understanding and responding to questions like 'why, how do you know/ when?'
- Predicting what is going to happen next or retelling events.
- Understanding more subtle aspects of language such as emotions, sayings and idioms.
- Taking turns in conversation.

This course offers a good introduction to how to help these areas of communication. **We also want to find out from you what other topics might be of interest** so that we plan follow-on sessions with other professionals that would help provide advice and support for your child, for example, toileting issues or emotional regulation (helping your child manage their feelings).

If you are interested in coming to the course and want to tell us what information and support would be useful to you, please **register your interest** for ONE of the following parent information sessions at **catherine@birdcharity.org.uk**:

Wednesday 7th July at 7.00-7.45pm OR

Thursday 8th July at 12.30pm

The information session is free.